



Fifth Sunday after Trinity

♪ Hymn (667) ♪

I danced in the morning
when the world was begun,
and I danced in the moon
and the stars and the sun,
and I came down from heaven
and I danced on the earth,
at Bethlehem I had my birth.

*Dance, then, wherever you may be;
I am the Lord of the Dance, said he,
and I'll lead you all wherever you may be,
and I'll lead you all in the dance, said he.*

I danced for the Scribe
and the Pharisee,
but they would not dance
and they wouldn't follow me;
I danced for the fishermen,
for James and John;
they came with me
and the dance went on.

I danced on the Sabbath
and I cured the lame;
the holy people
said it was a shame;
They whipped and they stripped
and they hung me on high;
and they left me there on a cross to
die.

I danced on a Friday
and the sky turned black;
it's hard to dance
with the devil on your back.
They buried my body,
and they thought I'd gone,
but I am the dance, and I still go on.

They cut me down
and I leapt up high;
I am the Life that'll never, never die;
I'll live in you if you'll live in me;
I am the Lord of the Dance, said he.

*Sydney Carter (1915-2004) © 1963 Stainer & Bell
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♪ Hymn (CAHON 355) ♪

Jesus, Name above all names
beautiful Saviour, glorious Lord.
Emmanuel, God is with us.
blessed Redeemer, living Word.

Nadia Hearn (b. 1940) © 1974 Scripture in Song

♪ Hymn (CAHON 429) ♪

Love is his word, love is his way,
feasting with all, fasting alone,
living and dying, rising again,
love, only love, is his way.

Refrain:

*Richer than gold is the love of my Lord,
better than splendour and wealth.*

Love is his way, love is his mark,
sharing his last Passover feast,
Christ at his table, host to the twelve,
love, only love, is his mark:

Refrain

Love is his mark, love is his sign,
bread for our strength, wine for our joy,
"This is my body, this is my blood" -
love, only love, is his sign:

Refrain

Love is his sign, love is his news,
'Do this,' he said, 'lest you forget
all my deep sorrow, all my dear blood' -
love, only love, is his news:

Refrain

Love is his news, love is his name,
we are his own, chosen and called,
family, brethren, cousins and kin,
love, only love, is his name:

Refrain

Love is his name, love is his law,
hear his command, all who are his
'Love one another, I have loved you'
love, only love, is his law.

Refrain

Love is his law, love is his word:
love of the Lord, Father and Word,
love of the Spirit, God ever one,
love, only love, is his word:

Refrain

*Luke Connaughton (1917-1979) © McCrimmon
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♪ **Chant (CAHON 929)** ♪

In the Lord I'll be ever thankful,
in the Lord, I will rejoice!
Look to God, do not be afraid;
lift up your voices: the Lord is near,
lift up your voices: the Lord is near.

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♪ **Hymn (787)** ♪

Take my life, and let it be
consecrated, Lord, to Thee;
take my moments and my days,
let them flow in ceaseless praise.

Take my hands, and let them move
at the impulse of Thy love;
take my feet, and let them be
swift and beautiful for Thee.

Take my voice, and let me sing
always, only, for my King;
take my lips, and let them be
filled with messages from Thee.

Take my silver and my gold;
not a mite would I withhold;
take my intellect, and use
every power as Thou shalt choose.

Take my will, and make it Thine:
it shall be no longer mine;
take my heart: it is Thine own;
it shall be Thy royal throne.

Take my love; my Lord, I pour
at Thy feet its treasure-store;
take myself, and I will be
ever, only, all for Thee.

Frances Ridley Havergal (1836-1879)

♪ **Hymn (766)** ♪

Praise, my soul, the King of heaven,
to His feet thy tribute bring;
ransomed, healed, restored, forgiven,
who like me His praise should sing?
Praise Him praise Him,
praise Him praise Him,
praise the everlasting King.

Praise Him for His grace and favour
to our fathers in distress;
praise Him still the same for ever,
slow to chide, and swift to bless:
Praise Him praise Him,
praise Him praise Him,
glorious in His faithfulness.

Father-like, He tends and spares us,
well our feeble frame He knows;
in His hands He gently bears us,
rescues us from all our foes:
Praise Him praise Him,
praise Him praise Him,
widely as His mercy flows.

Frail as summer's flower we flourish;
blows the wind and it is gone;
but, while mortals rise and perish,
God endures unchanging on:
Praise Him praise Him,
praise Him praise Him,
praise the high eternal One.

Angels, help us to adore Him;
ye behold Him face to face;
sun and moon, bow down before Him,
dwellers all in time and space:
Praise Him praise Him,
praise Him praise Him,
praise with us the God of grace.

Henry Francis Lyte (1793-1847), based on Psalm 103

First Reading

Genesis 24.34–38, 42–49, 58–67

³⁴So he said, 'I am Abraham's servant.

³⁵The Lord has greatly blessed my master, and he has become wealthy; he has given him flocks and herds, silver and gold, male and female slaves, camels and donkeys. ³⁶And Sarah my master's wife bore a son to my master when she was old; and he has given him all that he has. ³⁷My master made me swear, saying, "You shall not take a wife for my son from the daughters of the Canaanites, in whose land I live; ³⁸but you shall go to my father's house, to my kindred, and get a wife for my son."

⁴²'I came today to the spring, and said, "O Lord, the God of my master Abraham, if now you will only make successful the way I am going! ⁴³I am standing here by the spring of water; let the young woman who comes out to draw, to whom I shall say, 'Please give me a little water from your jar to drink,' ⁴⁴and who will say to me, 'Drink, and I will draw for your camels also'—let her

be the woman whom the Lord has appointed for my master's son."

⁴⁵'Before I had finished speaking in my heart, there was Rebekah coming out with her water-jar on her shoulder; and she went down to the spring, and drew. I said to her, "Please let me drink." ⁴⁶She quickly let down her jar from her shoulder, and said, "Drink, and I will also water your camels." So I drank, and she also watered the camels. ⁴⁷Then I asked her, "Whose daughter are you?" She said, "The daughter of Bethuel, Nahor's son, whom Milcah bore to him." So I put the ring on her nose, and the bracelets on her arms. ⁴⁸Then I bowed my head and worshipped the Lord, and blessed the Lord, the God of my master Abraham, who had led me by the right way to obtain the daughter of my master's kinsman for his son. ⁴⁹Now then, if you will deal loyally and truly with my master, tell me; and if not, tell me, so that I may turn either to the right hand or to the left.' ⁵⁸And they called Rebekah, and said to her, 'Will you go with this man?' She said, 'I will.' ⁵⁹So they sent away their sister Rebekah and her nurse along with Abraham's servant and his men. ⁶⁰And they blessed Rebekah and said to her, 'May you, our sister, become thousands of myriads; may your offspring gain possession of the gates of their foes.'

⁶¹Then Rebekah and her maids rose up, mounted the camels, and followed the man; thus the servant took Rebekah, and went his way.

⁶²Now Isaac had come from Beer-lahai-roi, and was settled in the Negeb.

⁶³Isaac went out in the evening to walk in the field; and looking up, he saw

camels coming. ⁶⁴And Rebekah looked up, and when she saw Isaac, she slipped quickly from the camel, ⁶⁵and said to the servant, 'Who is the man over there, walking in the field to meet us?' The servant said, 'It is my master.' So she took her veil and covered herself. ⁶⁶And the servant told Isaac all the things that he had done. ⁶⁷Then Isaac brought her into his mother Sarah's tent. He took Rebekah, and she became his wife; and he loved her. So Isaac was comforted after his mother's death.

Second Reading

Romans 7.15–25a

¹⁵I do not understand my own actions. For I do not do what I want, but I do the very thing I hate. ¹⁶Now if I do what I do not want, I agree that the law is good. ¹⁷But in fact it is no longer I that do it, but sin that dwells within me. ¹⁸For I know that nothing good dwells within me, that is, in my flesh. I can will what is right, but I cannot do it. ¹⁹For I do not do the good I want, but the evil I do not want is what I do. ²⁰Now if I do what I do not want, it is no longer I that do it, but sin that dwells within me.

²¹So I find it to be a law that when I want to do what is good, evil lies close at hand. ²²For I delight in the law of God in my inmost self, ²³but I see in my members another law at war with the law of my mind, making me captive to the law of sin that dwells in my members. ²⁴Wretched man that I am! Who will rescue me from this body of death? ²⁵Thanks be to God through Jesus Christ our Lord!

Gospel

Matthew 11.16–19, 25–end

¹⁶But to what will I compare this generation? It is like children sitting in the market-places and calling to one another,

¹⁷"We played the flute for you, and you did not dance;

we wailed, and you did not mourn."

¹⁸For John came neither eating nor drinking, and they say, "He has a demon"; ¹⁹the Son of Man came eating and drinking, and they say, "Look, a glutton and a drunkard, a friend of tax-collectors and sinners!" Yet wisdom is vindicated by her deeds.'

²⁵At that time Jesus said, 'I thank you, Father, Lord of heaven and earth, because you have hidden these things from the wise and the intelligent and have revealed them to infants; ²⁶yes, Father, for such was your gracious will. ²⁷All things have been handed over to me by my Father; and no one knows the Son except the Father, and no one knows the Father except the Son and anyone to whom the Son chooses to reveal him.

²⁸'Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest. ²⁹Take my yoke upon you, and learn from me; for I am gentle and humble in heart, and you will find rest for your souls. ³⁰For my yoke is easy, and my burden is light.'

Collect

O God, the protector of all who trust
in you,
without whom nothing is strong,
nothing is holy:
increase and multiply upon us your
mercy;
that with you as our ruler and guide
we may so pass through things
temporal
that we lose not our hold on things
eternal;
grant this, heavenly Father,
for our Lord Jesus Christ's sake,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.

Post Communion Prayer

Grant, O Lord, we beseech you,
that the course of this world may be
so peaceably ordered
by your governance,
that your Church may joyfully serve
you in all godly quietness;
through Jesus Christ our Lord.